

## Sample Menus

### Competition

Baked Chicken \* Mashed Potatoes \* Gravy \* Corn  
Drink/Water \* Dessert/Snack Item

### Football Game

Cheese Pizza \* Chicken Wings \* Tossed Salad  
Drink/Water \* Dessert/Snack Item



## How Do I Sign Up?

For ease of accounting, all members of the band have been invoiced for Meal Plan.

If you would like to opt out of Meal Plan, please complete the Meal Plan Opt Out form and return to the Meal Plan Committee Chair and your student's account will be credited.

## Would You Like to Help?

If you would like to help serve meals and have not signed up already please contact the Meal Plan Committee Chair.

## Questions?

If you have any questions about the Meal Plan or Volunteering, please contact the Meal Plan Committee Chair.

## Meal Plan Committee Chair

Jennifer Semmel 860-752-4853 (cell)

[jensemme@cox.net](mailto:jensemme@cox.net)

2017 Season  
Meal Plan



**Deadline for opting out is  
Friday, September 8, 2017**

# What is the Meal Plan?

The meal plan was started in an effort to provide all Marching Band Members an opportunity to have a well-balanced meal prior to each performance.

# How Does it Work?

Prior to Competitions and Football Games, Band Backer volunteers serve a hot meal to all participants in the Meal Plan Program.

Meals on competition nights are delivered by **Paul Gregory's**.

Pizza on Football Game nights are from a local pizzeria.

Desserts on Football nights consists of bake goods made by the award-winning **Band Backer Bakers!**

# Why Should I Sign Up?

**Convenience** – No running back and forth to the school on Competition and Football Game days – everything is taken care of for you.

**Cost** – Because we buy in large quantities, we get a substantial price break that we pass on to you.

# What Does it Cost?

The cost is \$97.50 per student for the entire Competition and Football Season. Each student will receive a total of 14 meals. That's just **\$7.00 per meal!**

## 2017 Meal Schedule

FRI	9/15	Home Football Game
SAT	9/16	Maloney
FRI	9/22	Home Football Game
SAT	9/23	Sheehan
SAT	9/30	Newtown
SAT	10/7	Cheshire
SAT	10/14	Lyman Hall
FRI	10/20	Home Football Game
SAT	10/21	MOTK
FRI	10/27	Home Football Game
SAT	10/28	New England States
FRI	11/3	Home Football Game
SAT	11/4	New England Regionals
SAT	11/11	Nationals @ Met Life

